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| **Title** | |
| **Berger S, Chen T, Eldridge J, Thomas CA, Habermann B, Tickle-Degnen L**. The self-management balancing act of spousal care partners in the case of Parkinson’s disease. Disability and Rehabilitation. 2019;41(8):887-95. | |
| **Agreement** | **0** |
| **Agreed** | |
| A similar theme emerged when Gladys described her husband’s health conditions in addition to PD. Gladys’s husband is pre-diabetic, but she worries that taking steps to manage his diet for him may further decrease his sense of self and independence. The doctor said to him, “you’re eating too much sugar, you’re prediabetic”.  *And then he doesn’t want to change. And it’s frustrating, because what is it gonna be like for him if he has diabetes and Parkinson’s? And yet, at the same time, I feel, this poor guy, he’s lost so much, you’re going to take something that he enjoys, that piece of chocolate or whatever, away from him?…Well, when he wants that dish of ice cream, and it’s like, you know, you shouldn’t have it…I don’t get it for him. I make him get it himself. So it’s a little bit – if he really wants it, he’s got to move for it*. *Qcarer*  *As long as he stays home safely. I also have a book club, so I can go to my book club once a month. I don’t go out as often with friends for lunch and things, because number one, we’re running to the doctor’s or the physical therapist, and number two, I feel badly leaving him home while I go out to eat. I do it. I know, I realize it’s important for me to maintain that contact with my friends. Qcarer* | |